



# Where better to recalibrate?

Take back control of your year end with a much needed... pause... before 2024 slips away and a new year begins.

Together we can carve out space for reflection, connection and asking the right questions that will free you up to lead sustainably, be executive-ready and deliberate in your focus for the remainder of 2024. Strike the balance of calm and cadence needed for high performance and leading work of significance.

This is your chance to take a breath, reflect, recharge and... dare we say... relax and put yourself first.

#### THE RETREAT

#### FRIDAY (19/7)

Arrive Friday at your leisure. Belinda will be set the scene for the weekend in an initial facilitated session at 4:00pm before heading to dinner that evening at Three Blue Ducks.

## SATURDAY (20/7)

Early morning and late afternoon on your terms. Facilitated session with B between 10:00am and 2:00pm creating space to reflect or avail yourself of some 1-1 time with B. Dine that evening as a group at Harvest Newrybar.

SUNDAY (21/7) - optional extra evening checking out MONDAY (22/7)

Breakfast and morning activities including a close-out session to set you on your way for those only staying two nights. Leave at your leisure, 10:00am checkout OR choose to stay another night so you can relax and enjoy your own space (meals on this day not included.)

## **INVESTMENT**

\$3595 (inc. GST) Early Bird \$3495 (inc. GST) if you book by 25/3/24.

#### **INCLUDES**

- 3 nights accommodation in your own luxury villa or suite
- All breakfasts, lunches and dinners (from Friday dinner to Sunday breakfast)
- Exec Ready sessions, activities and other materials.
- Optional 1-1 executive coaching with Belinda if staying through till Monday.



# THE VENUE

A luxurious private resort, Villa Riad invites you to experience the best of Byron Bay living. Magnesium pool, sauna and your own private terrace and bathroom.

A secluded garden oasis that enlivens the senses and rejuvenates the spirit.

Just minutes from Byron Bay.



ONLY 2 SPACES REMAIN - BOOK NOW!

Register now to secure your place.

Call Belinda on 0437 728 792 Email belinda@belindabrosnan.com

